

CSI – Centro Sportivo Italiano

Centro Sportivo Italiano is a non-profit association, based on voluntary work, promoting sport as a moment of education, growth, social engagement and aggregation, prompted by the Christian vision of man and history at the service of the people and the territory.

Among the most ancient sports promoting associations in our country, CSI meets the demand of a sport that is not only numerical, but also qualified on the professional, human and social level. Youngsters always make up our main reference point, even if the promoted sports activities are devoted to any age bracket. Educating through sports is the mission of CSI. This is consolidated in the procedure and conscience of the association on all levels. Sport intended by Csi can also be a prevention instrument of some particular social pathologies such as loneliness, fears, dreads, doubts, deviances of the youngest.

Csi is a sports promoting institution spread all over the national territory acknowledged by the Italian Olympic Committee (CONI). It is recognized by the Italian Episcopal Conference as a Christian inspired association. It is recognized by the Interior Department as a national institution with charitable aims. It is registered in the national register of Social Promotion Associations, recognized by the Ministry of Work and Social Policies.

Do you want to take part in M.A.P.S.?

Please write us at maps@csi-net.it

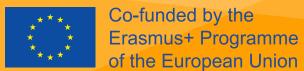
or call the 06684577



M.A.P.S.

Multisport Against Physical Sedentary





A country can truly call itself sporting when the majority of its people feel a personal need for sport.

Pierre de Coubertin

What is M.A.P.S.?

MAPS "Multisport Against Physical Sedentary" partnership (IT, DE, GR, HR, NL, PL, PT, TR), according with the HEPA guidelines, aims to create a European multisport methodology against obesity, sedentary lifestyle and dropout among youngsters aged between 9 and 12.

MAPS tries to find ways for promoting physical activity in all its aspects by encouraging children to practice multisport and also through passive factors like urban travel habits and urban structure: for this reason the project will include a study about the impact of the urban asset on the children's motor habits.

It has been shown that the practice of multisport is functional to influence, harmoniously and completely, the to develop and consolidate for a future healthy life.

countries with the collaboration of 35 trainers and 84 local coaches specifically trained for becoming

has the power to unite people in a way that little else does. It speaks to youth in a language they understand. Sport can create hope where once there was only despair. It is more powerful than government in breaking down racial barriers."

"Sport has the power to change the world. It has the power to inspire. It

The objectives

According with the HEPA guidelines, the project aims to create a European multisport methodology against obesity, sedentary lifestyle and dropout among youngsters aged already tested in Italy, at the national level, practices, a new shared model will be

multisport activities aimed at boys and girls,

The reason that explains the choice of that specific target (youngsters between 9 and 12 years old) is related to the importance of the

balanced motor aspect.

The Partnership

- CSI Centro Sportivo Italiano (Rome)
- Center for Technology and Society of Technische Universität (Berlin)
- > EGVE Northern Greece Physical **Education Teachers Association**

- Academy of Business Administration and Health Sciences (Łódź)
- > The Innovation and Development Institute Principe Real (Miranda do